

## INFORMATION FOR PATIENTS/PARENTS/GUARDIANS/CARERS

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# Paediatric abdominal scan requiring fasting

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### Preparation for your child's scan

The preparation needed for this scan requires the patient has **no** food or milk before the scan. Suggested preparation for the scan is as follows:

- **0 - 6 months** - no feeds for the 3 hours prior to the appointment. Please time a feed for just after the scan.
- **6 months - 3 years** - no food or milk for 3 hours prior to the appointment. They may drink clear fluids during this time (depending on if the child normally drinks water).
- **4 - 18 years** - no food or milk for 4 hours prior to the appointment. Patients may drink clear fluids during this time.

Clear fluids include water and squash but excludes drinks such as milk and fruit juice.

If the patient is diabetic and there are concerns about them fasting, please obtain patient-specific advice from their diabetes team.

Please obtain fasting advice from the relevant team/consultant if there are any fasting concerns due to any other medical reason.

### Contact details

If you need any advice before your appointment date, please contact the Radiology department on 01623 672202 between 9am and 5pm.

### Your radiology records

This Trust is part of a group of NHS hospitals in the East Midlands that have a shared NHS radiology system, which is used by our healthcare professionals to access your radiology records.

If necessary, your radiology records may also be accessed by healthcare professionals in other NHS hospitals in the East Midlands or NHS Service Providers, to ensure you receive consistent, safe and effective clinical care and treatment, irrespective of where you receive your care.

If you have any concerns about providing information or how we use it, please discuss this with radiology staff so that you fully understand the potential impact on your care or treatment.

**Further sources of information**

NHS Choices: [www.nhs.uk/conditions](http://www.nhs.uk/conditions)

Our website: [www.sfh-tr.nhs.uk](http://www.sfh-tr.nhs.uk)

**Patient Experience Team (PET)**

PET is available to help with any of your compliments, concerns or complaints, and will ensure a prompt and efficient service.

**King's Mill Hospital:** 01623 672222

**Newark Hospital:** 01636 685692

**Email:** [sfh-tr.PET@nhs.net](mailto:sfh-tr.PET@nhs.net)

If you would like this information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call the Patient Experience Team on 01623 672222 or email [sfh-tr.PET@nhs.net](mailto:sfh-tr.PET@nhs.net).

This document is intended for information purposes only and should not replace advice that your relevant health professional would give you. External websites may be referred to in specific cases. Any external websites are provided for your information and convenience. We cannot accept responsibility for the information found on them. If you require a full list of references (if relevant) for this leaflet, please email [sfh-tr.patientinformation@nhs.net](mailto:sfh-tr.patientinformation@nhs.net) or telephone 01623 622515, extension 6927.

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