

## INFORMATION FOR PATIENTS

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# Hand Therapy: Care of your device

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### Care of your device:

- Your device should be comfortable to wear. Please contact the department as soon as possible if you have any issues regarding its use, e.g. not fitting correctly, causing skin irritation. **Do not alter/adjust the device yourself.**
- A plastic device could lose its shape if exposed to direct heat such as a radiator, an oven or direct sunlight in summer.
- Use mild, soapy water (never hot) if needed to clean the device.
- Material items can be washed in mild, soapy water.
- Wash commercial devices as instructed on the label.
- Please bring the device with you to every follow up appointment.

**You should not miss your appointment with the hand specialist or hand therapist if one has been requested.**

### Further sources of information

NHS Choices: [www.nhs.uk/conditions](http://www.nhs.uk/conditions)

Our website: [www.sfh-tr.nhs.uk](http://www.sfh-tr.nhs.uk)

### Patient Experience Team (PET)

PET is available to help with any of your compliments, concerns or complaints, and will ensure a prompt and efficient service.

**King's Mill Hospital:** 01623 672222

**Newark Hospital:** 01636 685692

**Email:** [sfh-tr.PET@nhs.net](mailto:sfh-tr.PET@nhs.net)

If you would like this information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call the Patient Experience Team on 01623 672222 or email [sfh-tr.PET@nhs.net](mailto:sfh-tr.PET@nhs.net).

This document is intended for information purposes only and should not replace advice that your relevant health professional would give you. External websites may be referred to in specific cases. Any external websites are provided for your information and convenience. We cannot accept responsibility for the information found on them. If you require a full list of references (if relevant) for this leaflet, please email [sfh-tr.patientinformation@nhs.net](mailto:sfh-tr.patientinformation@nhs.net) or telephone 01623 622515, extension 6927.

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