

**King's Mill Hospital**  
Mansfield Road  
Sutton in Ashfield  
Nottinghamshire  
NG17 4JL

Tel: 01623 622515

Join today: [www.sfh-tr.nhs.uk](http://www.sfh-tr.nhs.uk)

Direct Line: 01623 672232  
Our Ref: 1276  
E-mail: [sfh-tr.foi.requests@nhs.net](mailto:sfh-tr.foi.requests@nhs.net)

**11<sup>th</sup> February 2026**

Dear Sir/Madam

**Freedom of Information Act (FOI) 2000 - Request for Information Reference:**  
Antiretroviral Therapy (ART) Treatment and Switching

I am writing in response to your request for information under the FOI 2000.

I can confirm in accordance with Section 1 (1) of the Freedom of Information Act 2000 that we do hold the information you have requested. A response to each part of your request is provided below. Please accept our sincere apologies for the delay.

**Home, Community, Hospital.**

FOI Request / Question	Question Response	Is there an exemption?	Exemption	Exemption Details
1. How many patients with HIV in total were seen for care and treated with ART in your Trust in the latest 3 months Oct 25 – Dec 25?	<p>97 patients*</p> <p>* This response is related to HIV positive patients attending Sexual Health at SHFT for HIV related care. It will not include HIV positive patients attending for non-HIV care as inpatients who may have been prescribed ART during their inpatient stay.</p>			
2. How many patients newly diagnosed with HIV were initiated on Antiretroviral Therapy (ART) in your Trust in the latest 3 months Oct 25 – Dec 25?	Five patients.			
3. How many patients with HIV have had their ART switched in your Trust in the latest 3 months Oct 25 – Dec 25?	Four patients.			
4. Of the patients identified in Question 3, how many were switched from/to the following therapies? <ul style="list-style-type: none"> <li>Emtricitabine/tenofovir alafenamide (fixed dose combination) + any other ART to Biktarvy (bictegravir/emtricitabine/tenofovir alafenamide)</li> <li>Emtricitabine/tenofovir alafenamide (fixed dose combination) + any other ART to Dovato (dolutegravir/lamivudine)</li> </ul>	<ul style="list-style-type: none"> <li>FTC/TAF + any other ART to Biktarvy: NONE</li> <li>FTC/TAF + any other ART to Dovato: NONE</li> <li>FTC/TDF + any other ART to Biktarvy: NONE</li> <li>FTC/TDF + any other ART to Dovato: THREE (3)</li> <li>Triumeq to Biktarvy: NONE</li> <li>Triumeq to Dovato: ONE (1)</li> <li>Biktarvy to Dovato: NONE</li> <li>Any other ART to Biktarvy: NONE</li> <li>Any other ART to Dovato: NONE</li> </ul>			

- Emtricitabine/tenofovir disoproxil (fixed dose combination) + any other ART to Biktarvy (bictegravir/emtricitabine/tenofovir alafenamide)
- Emtricitabine/tenofovir disoproxil (fixed dose combination) + any other ART to Dovato (dolutegravir/lamivudine)
- Triumeq (dolutegravir/abacavir/lamivudine) to Biktarvy (bictegravir/emtricitabine/tenofovir alafenamide)
- Triumeq (dolutegravir/abacavir/lamivudine) to Dovato (dolutegravir/lamivudine)
- Biktarvy (bictegravir/emtricitabine/tenofovir alafenamide) to Dovato (dolutegravir/lamivudine)
- Any other ART\*\* to Biktarvy (bictegravir/emtricitabine/tenofovir alafenamide)
- Any other ART\*\* to Dovato (dolutegravir/lamivudine)

\*\* NOTE: "Any other ART" - if the patient was given one of the regimens listed earlier, leave that patient in the rows above so they are not double counted.

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Home, Community, Hospital.

I trust this information answers your request. Should you have any further enquiries or queries about this response please do not hesitate to contact me. However, if you are unhappy with the way in which your request has been handled, you have the right to ask for an internal review. Internal review requests should be submitted within two months of the date of receipt of the response to your original letter and should be addressed to: Sally Brook Shanahan, Director of Corporate Affairs, King's Mill Hospital, Mansfield Road, Sutton in Ashfield, Nottinghamshire, NG17 4JL or email [sally.brookshanahan@nhs.net](mailto:sally.brookshanahan@nhs.net).

If you are dissatisfied with the outcome of the internal review, you can apply to the Information Commissioner's Office, who will consider whether we have complied with our obligations under the Act and can require us to remedy any problems. Generally, the Information Commissioner's Office cannot decide unless you have exhausted the internal review procedure. You can find out more about how to do this, and about the Act in general, on the Information Commissioner's Office website at: <https://ico.org.uk/your-data-matters/official-information/>.

Complaints to the Information Commissioner's Office should be sent to FOI/EIR Complaints Resolution, Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. Telephone 0303 1231113, email [casework@ico.org.uk](mailto:casework@ico.org.uk).

If you would like this letter or information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call us on 01623 672232 or email [sfh-tr.foi.requests@nhs.net](mailto:sfh-tr.foi.requests@nhs.net).

Yours faithfully

### Information Governance Team

All information we have provided is subject to the provisions of the Re-use of Public Sector Information Regulations 2015. Accordingly, if the information has been made available for re-use under the [Open Government Licence](#) (OGL) a request to re-use is not required, but the licence conditions must be met. You must not re-use any previously unreleased information without having the consent from Sherwood Forest Hospitals NHS Foundation Trust. Should you wish to re-use previously unreleased information then you must make your request in writing. All requests for re-use will be responded to within 20 working days of receipt.