

## Other Information

The Acute Frailty Unit can be accessed by the main entrance. Follow signs past the shops to the main lifts. The Unit is located on the fourth floor within the Medical Day Case Unit, opposite to clinic 15.

There is car parking available to the front of the main entrance.

### Further sources of information

NHS Choices: [www.nhs.uk/conditions](http://www.nhs.uk/conditions)

Our website: [www.sfh-tr.nhs.uk](http://www.sfh-tr.nhs.uk)

### Patient Experience Team (PET)

PET is available to help with any of your compliments, concerns or complaints, and will ensure a prompt and efficient service.

**King's Mill Hospital:** 01623 672222

**Newark Hospital:** 01636 685692

**Email:** [sfh-tr.PET@nhs.net](mailto:sfh-tr.PET@nhs.net)

If you would like this information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know. You can call the Patient Experience Team on 01623 672222 or email [sfh-tr.PET@nhs.net](mailto:sfh-tr.PET@nhs.net).

This document is intended for information purposes only and should not replace advice that your relevant health professional would give you. External websites may be referred to in specific cases. Any external websites are provided for your information and convenience. We cannot accept responsibility for the information found on them. If you require a full list of references (if relevant) for this leaflet, please email [sfh-tr.patientinformation@nhs.net](mailto:sfh-tr.patientinformation@nhs.net) or telephone 01623 622515, extension 6927.

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## INFORMATION FOR PATIENTS

# Acute Frailty Unit

**Medical Day Case Unit  
Level 4  
King's Mill Hospital  
Sutton-in-Ashfield  
NG17 4JL**

**Telephone:** 01623 622515,  
extension 2077 or 2426

**Visiting times:** 11am – 7pm  
daily.

## What is an Acute Frailty Unit?

We are a same day assessment area and short-stay bedded unit focussed on improving the patient experience and quality of care for our patients aged 75 years and older who are presenting with frailty-related health conditions.

Patients receive rapid assessment and care designed to meet individual needs. As a multi-disciplinary team (MDT) we work collaboratively with the aim of discharging patients within 48 hours.

## What can I expect on the Acute Frailty Unit?

Patients receive a prompt and comprehensive frailty assessment in a professional and welcoming environment. Our team will liaise with you and, when appropriate, with your family/carer to understand your medical and social history, your wishes and how best to support your individual needs.

## Meet the team

We are a specialist multi-disciplinary team made up of:

- Consultant geriatricians
- Middle grade doctors
- Specialist advanced clinical practitioners
- Specialist frailty physiotherapists
- Specialist frailty occupational therapists
- Frailty nurses.

## What happens when I leave the Acute Frailty Unit?

If you are well enough, you will be discharged home with a discharge summary and management plan. This will be sent to your GP and will detail if any follow up is needed. If, however, you need on-going medical treatment, you will be moved to a medical ward for further care.

## Current medications

Where possible please provide all medications, or a current list of usual medications.

## Clothing and footwear

Please provide clean day and night clothing. Patients will be actively encouraged to be dressed in their day clothes unless staying overnight.

Please provide well-fitting footwear to reduce the risk of falls. The unit can provide non-slip socks if necessary.

## Visiting times

Relatives and visitors are welcome between 11am and 7pm daily

We welcome any visitors to assist with feeding during mealtimes, which are:

- Lunch: 11.5am to 12:45pm
- Dinner: 4.45pm to 5.45pm.